

Mary Corrigan is an organizational consultant, teacher, entrepreneur, and artist.

Having made several career/life pivots of her own, creativity is the air that she breathes. Described as a pragmatic idealist, Mary has the ability to generate new forms bringing her curiosity and unique insight to every situation from an imaginative perspective. She is a fierce and compassionate ally for realizing your goals and dreams. She writes a blog – *Creativity For the Rest of Us* – exploring everyday creativity and how to live from our true nature.

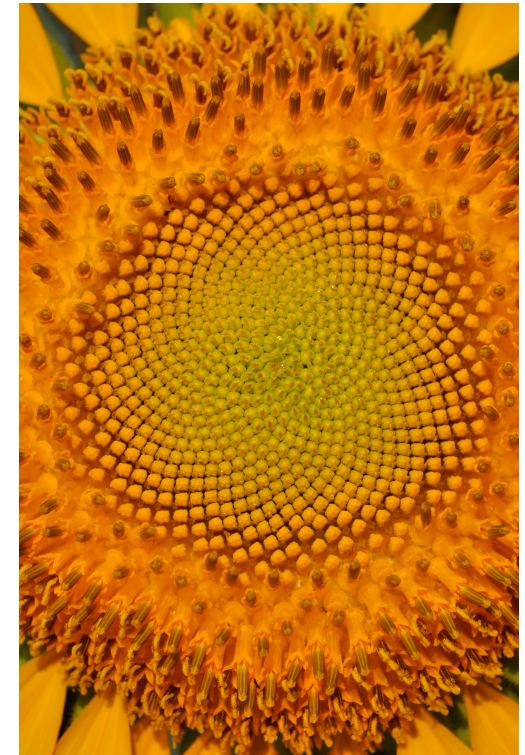
She used her recovery from a life-threatening illness as a portal for personal growth, creativity, and compassionate self-care.

For over twenty years, she was blessed to be a protégé of the late Angeles Arrien, well-known teacher, mentor, and author of *The Four Fold Way*. She is committed to carrying on Angeles' work in the world.



Ready to work? Still have questions?

Contact Mary Corrigan at mary@trackingthewisdom.com or call 650-355-8981



Mary Corrigan

Transformational Coaching

“There comes a time when you start making choices from a very different place. And if a choice lines up so that it supports truth, health, happiness, wisdom, and love, it’s the right choice.”

– Angeles Arrien